

**B.22** Staff Report (For Possible Action): Acceptance of a donation of \$400 from ARC Health & Wellness Center for the City of Reno Wellness Week.

## STAFF REPORT

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**Date:** September 25, 2024

**To:** Mayor and City Council

**Through:** Jackie Bryant, Interim City Manager

**Subject:** Staff Report (For Possible Action): Acceptance of a donation of \$400 ARC Health & Wellness Center for the City of Reno Wellness Week.

**From:** Angela Davis, Management Analyst

**Department:** City Manager's Office – HR

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### Summary:

Annually, the City of Reno hosts a Wellness Week for staff with the goal of helping employees engage in various wellness activities including biometric lab work, vaccine clinics, vendors, presentations and activities. Wellness Week usually takes place prior to the Benefits Open Enrollment period, which is runs from November 1-27. This year, Wellness Week will take place over a two-week time period, from October 1-11. Staff will host a kick-off day on October 1, which will offer biometric testing, vaccines, over twenty-five vendors, claims support, presentations, games, activities raffles, the Mammovan, and the grand re-opening of the City Hall Gym. Staff will be purchasing branded bags for employees to collect information and giveaways from vendors. ARC Health & Wellness desires to co-sponsor these bags through a donation to the City of \$400.

Consent Review	Yes	No
1. Is this item an annual or standard item that comes before Council for regular approval?		<b>x</b>
2. Is this item an agreement required based on an item previously approved by Council?		<b>x</b>
3. Is this item included in the current budget approved and adopted by Council?		<b>n/a</b>
<b>Other Considerations</b>		
What percent of the total City budget does this item represent?	<b>n/a</b>	

### Alignment with Strategic Plan:

Fiscal Sustainability

**Previous Council Action:**

There is no recent Council action relevant to this item.

**Background:**

Wellness Week is an annual opportunity for City of Reno employees to engage in wellness activities and prepare for the Open Enrollment period. This event has grown consistently every year. There is typically a kick-off day with lab work, vaccines and various activities which carry through to several other locations in the City.

**Discussion:**

Cost control within the City's health plans is often achieved through activities that promote engagement in the employee's wellness. Hosting an event that creates opportunities for employees to engage in wellness activities at work, removes barriers to engagement and increases understanding of the importance of wellness activities. As ARC and Great Basin Credit Union understands the value of these preventive activities, they desire to partner with the City in encouraging employees to engage in their health.

**Financial Implications:**

The City of Reno will receive a donation of \$400 from ARC Health & Wellness to use for the employee health and wellness program.

**Legal Implications:**

Legal review completed for compliance with City procedures and Nevada law.

**Recommendation:**

Staff recommends approving the acceptance of donation of \$400 from ARC Health & Wellness.

**Proposed Motion:**

I move to approve the acceptance of donations of \$400 from ARC Health & Wellness.

**Attachments:**