

## Joinder Provision of Washoe County's Medical Services Contract # 3086-19

In June of 2022, Gilbert, Gaetke and Associates of Nevada, MD, LTD and ARC Health & Wellness Centers, LLC (collectively referred to as ARC Health & Wellness Centers) received an extension to Contract # 3086-19. This extension enabled a price increase for Contract # 3086-19 and granted an additional one year at these rates. We anticipate not needing to an additional price increase through June 30th, 2024. Washoe County is required to renew the contract annually since the term says annual extensions.

### "Joinder Provision" of Washoe County's - Medical Services Contract # 3086-19

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Section B29

#### **B29 USE BY OTHER GOVERNMENT ENTITIES (JOINDER PROVISION)**

*In accordance with the provisions of NRS 332.195, unless otherwise stipulated under the exception section of the proposal response, other local government agencies may join in a resultant contract from this RFP with the permission of the successful proposer. Within the scope of this RFP, the County shall be held harmless in any and all transactions between the successful proposer and other participating governmental entities.*

#### **NRS 332.195 Joinder or mutual use of contracts by governmental entities.**

1. Except as otherwise provided in this section:
  - (a) A governing body or its authorized representative and the State of Nevada may join or use the contracts of local governments located within or outside this State with the authorization of the contracting vendor. The originally contracting local government is not liable for the obligations of the governmental entity which joins or uses the contract.
  - (b) A governing body or its authorized representative may join or use the contracts of the State of Nevada or another state with the authorization of the contracting vendor. The State of Nevada or other state is not liable for the obligations of the local government which joins or uses the contract.
2. A governing body or its authorized representative or the State of Nevada shall not join or use a contract pursuant to this section if a contractor's license issued pursuant to [chapter 624](#) of NRS is required for any portion of the work to be performed under the contract.

**ARC Health & Wellness Centers (ARC) hereby invites your Public Entity to exercise this joinder provision and offer ARC's services under Washoe County's Medical Services Contract # 3086-19 to include all prices listed in the contract with consideration given to volume and scheduling.**

**For simplicity we only increased three (3) services in the contract that effects the overall cost of the examination. Please see New Pricing Structure on Page 3**

**Contract # 3086-19 Extension**  
**Joinder Provision Agreement**

**Term:**

Contract Term is July 1, 2023 – June 30, 2024.

**Pricing:**

Pricing as listed on this Joinder Agreement is effective July 1, 2023– June 30, 2024

**Payment Term:** Net 45

**Cancellation of Agreement:**

Either party may cancel this agreement anytime ***without*** cause, penalty, charge or sanction on with written notice to the other party of their intent to terminate the agreement. In the event of cancellation, payment for all services rendered is due within 30 days.

**Signatures:**

This Extension to the Joinder Agreement is hereby executed the date the Public Entity listed below and becomes effective the date of this agreement.

**ARC Health & Wellness Centers:**

BY:



Paul W. Granstrom, President

07/28/2023  
Date

**Public Entity Enacting Joinder Provision:**

\_\_\_\_\_  
*Public Entity Name*

**Authorized Representative:**

\_\_\_\_\_  
*Printed Name*

BY:

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

## New Pricing Structure under the Extension Summary

*Our new pricing structure goes into effect July 1st, 2023 and is valid through June 30, 2024.*

We are honored to continue to serve your Public Entity for the next year under this new pricing structure. We hereby invite you to enact the Joinder Provision of our new contract extension with Washoe County.

To simplify the changes to the pricing I'll break out the current rate structure versus the new rate structure.

NRS / NAC 617	Old Rate	New Rate	Increase Amount
<b>Under 40</b>	\$365.00	\$480.00	<b>\$115.00</b>
<b>Over 40</b>	\$450.00	\$565.00	<b>\$115.00</b>
<b>Prehire Under 40</b>	\$415.00	\$530.00	<b>\$115.00</b>
<b>Prehire Over 40</b>	\$500.00	\$615.00	<b>\$115.00</b>
<b>Mobile Fee</b>	\$135.00	\$135.00	<b>\$-0-</b>

### Three changes to service pricing effecting the overall cost of the exam:

**TB Testing (PPD)** – was \$25.00, increased to \$40.00 (increase of \$15.00)

*Comments: The cost of PPD serum skyrocketed and inventory is in short supply. **This is a 80% increase.***

**Physician Exam** – was \$100.00, increased to \$175.00 (increase of \$75.00)

*Comments: Increase in cost of doing business. **This is a 75% increase.***

**Two view Chest X-Ray** – was \$43.00, increased to \$68.00 (increase of \$25.00)

*Comments: **This is a 58.1% increase.***

*Questions or Further Clarification needed:*

*If you have any questions or need further clarification, please reach to me via email - ([paul@archealthandwellness.com](mailto:paul@archealthandwellness.com)) at (775) 846-3413.*

*We look forward to continuing to be your specialized medical resource for all your **New Recruit, Annual Medical/Physical Assessment, Return to Duty, Termination** of your Public Safety members as mandated under NRS / NAC 617.*

Sincerely,



Paul Granstrom  
President  
ARC Health & Wellness



## Annual NRS / NAC 617 Heart & Lung Examination

Under 40 - NRS / NAC 617 - Heart & Lung Exam		Over 40 - NRS / NAC 617 - Heart & Lung Exam	
	Cost		Cost
Heart and Lung Physical Exam ( <sup>1</sup> denotes included in cost)	\$ 175.00	Heart and Lung Physical Exam ( <sup>1</sup> denotes included in cost)	\$ 175.00
Vision Screening <sup>1</sup>	\$ -	Vision Screening <sup>1</sup>	\$ -
Medical History Form <sup>1</sup>	\$ -	Medical History Form <sup>1</sup>	\$ -
Blood Pressure Monitoring <sup>1</sup>	\$ -	Blood Pressure Monitoring <sup>1</sup>	\$ -
Urinalysis <sup>1</sup>	\$ -	Urinalysis <sup>1</sup>	\$ -
Physician's Report of Results Form & OD Forms	\$ 15.00	Physician's Report of Results Form & OD Forms	\$ 15.00
Audiometry with interpretation (air conduction or pure tone test)	\$ 25.00	Audiometry with interpretation (air conduction or pure tone test)	\$ 25.00
Hepatitis C Screening*	\$ 30.00	Hepatitis C Screening*	\$ 30.00
Chest X-Ray (Dual View) includes radiologist over-read	\$ 68.00	Chest X-Ray (Dual View) includes radiologist over-read	\$ 68.00
Coronary Risk II (CBC + Chem. Panel + Lipid Panel)	\$ 40.00	Coronary Risk II (CBC + Chem. Panel + Lipid Panel)	\$ 40.00
Per-Percent Body Fat (BMI Method) / Waist Circumference	\$ 7.00	Per-Percent Body Fat (BMI Method) / Waist Circumference	\$ 7.00
Resting EKG	\$ 40.00	Stress EKG	\$ 125.00
Pulmonary Function Test	\$ 40.00	Pulmonary Function Test	\$ 40.00
TB Skin Test	\$ 40.00	TB Skin Test	\$ 40.00
<b>Total - Under 40 Heart &amp; Lung Exam</b>	<b>\$ 480.00</b>	<b>Total - Over 40 Heart &amp; Lung Exam</b>	<b>\$ 565.00</b>

**Mobile Medical Fee Per Member (On-Site Services) \$ 135.00**

### Optional Tests / Letter (in conjunction with Annual Physical)

OSHA Respirator Questionnaire / Clearance Letter	\$ 10.00
CDL Paperwork - Department of Transportation	\$ 45.00
Ambulance Attendance Certification	\$ 15.00
Hemoglobin A1C	\$ 35.00
HazMat Blood (Ar, Cd, Hg, Pb & Zpp) or 24 Hour Urine	\$ 150.00
Ultrasound Screening (Carotid, Aortic, Thyroid - Non Diagnostic)	\$ 100.00

### Vaccines:

Hepatitis A Vaccine (per dose - normally a series of two)	\$ 75.00
Hepatitis B Vaccine (per dose - normally a series of three)	\$ 60.00
Twinrix Vaccine (combo Hep A and B - normally a series of three)	\$ 105.00

### Confirmation Charges on Hepatitis Positive\*

Hep A – Hep A IgM	\$ 40.00
Hep B Ag – Neutralization Assay	\$ 175.00
Hep C – HCV RIBA	\$ 70.00

Rates are identical to the ARC Health & Wellness contract with the Washoe County Agreement # 3086-19 - Occupational Health Services



## Prehire - NRS / NAC 617 Heart & Lung Examination

Prehire Under 40- NRS / NAC 617 - Heart & Lung Exam		Prehire Over 40 - NRS / NAC 617 - Heart & Lung Exam	
	Cost		Cost
Heart and Lung Physical Exam ( <sup>1</sup> denotes included in cost)	\$ 175.00	Heart and Lung Physical Exam ( <sup>1</sup> denotes included in cost)	\$ 175.00
Vision Screening <sup>1</sup>	\$ -	Vision Screening <sup>1</sup>	\$ -
Medical History Form <sup>1</sup>	\$ -	Medical History Form <sup>1</sup>	\$ -
Blood Pressure Monitoring <sup>1</sup>	\$ -	Blood Pressure Monitoring <sup>1</sup>	\$ -
Urinalysis <sup>1</sup>	\$ -	Urinalysis <sup>1</sup>	\$ -
Physician's Report of Results Form & OD Forms	\$ 15.00	Physician's Report of Results Form & OD Forms	\$ 15.00
Audiometry with interpretation (air conduction or pure tone test)	\$ 25.00	Audiometry with interpretation (air conduction or pure tone test)	\$ 25.00
Hepatitis Profile Screening* (Immunity to Hep A,B / Infection A,B,C)	\$ 80.00	Hepatitis Profile Screening* (Immunity to Hep A,B / Infection A,B,C)	\$ 80.00
Chest X-Ray (Dual View) includes radiologist over-read	\$ 68.00	Chest X-Ray (Dual View) includes radiologist over-read	\$ 68.00
Coronary Risk II (CBC + Chem. Panel + Lipid Panel)	\$ 40.00	Coronary Risk II (CBC + Chem. Panel + Lipid Panel)	\$ 40.00
Per-Cent Body Fat (BMI Method) / Waist Circumference	\$ 7.00	Per-Cent Body Fat (BMI Method) / Waist Circumference	\$ 7.00
Resting EKG	\$ 40.00	Stress EKG	\$ 125.00
Pulmonary Function Test	\$ 40.00	Pulmonary Function Test	\$ 40.00
TB Skin Test	\$ 40.00	TB Skin Test	\$ 40.00
<b>Total - Under 40 Heart &amp; Lung Exam</b>	<b>\$ 530.00</b>	<b>Total - Over 40 Heart &amp; Lung Exam</b>	<b>\$ 615.00</b>

### Optional Tests / Letter (\*in conjunction with Prehire Physical)

POST Paperwork	\$ 15.00
Urine Drug Screen (Non DOT with MRO Review)	\$ 34.00
OSHA Respirator Questionnaire / Clearance Letter*	\$ 10.00
CDL Paperwork* (in conjunction with Heart and Lung Physical)	\$ 45.00
Ambulance Attendance Certification	\$ 15.00
Hemoglobin A1C	\$ 35.00
HazMat Blood (Ar, Cd, Hq, Pb & Zpp) or 24 Hour Urine	\$ 150.00
Ultrasound Screening (Carotid, Aortic, Thyroid - Non Diagnostic)	\$ 100.00

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